



**September 2015**

9<sup>th</sup> – Freshers Fair 12pm-4pm

16<sup>th</sup> – taster session, every 15 minutes between 2:30pm-5:30pm

23<sup>rd</sup> – Flexibility workshop with Jana 2:30-3:30pm in CR1 (ALL LEVELS) - TBC

30<sup>th</sup> – Strength workshop with Jana 2:20-3:30pm in CR1 (ALL LEVELS) - TBC



**October 2015**

6<sup>th</sup> – NO lesson Beginners & intermediates

7<sup>th</sup> – lesson 1 Advance + Open Practice

13<sup>th</sup> – lesson 1 Beginners & intermediates

14<sup>th</sup> – lesson 2 Advance + Open Practice

20<sup>th</sup> – lesson 2 Beginners & intermediates

21<sup>st</sup> – lesson 3 Advance + Open Practice

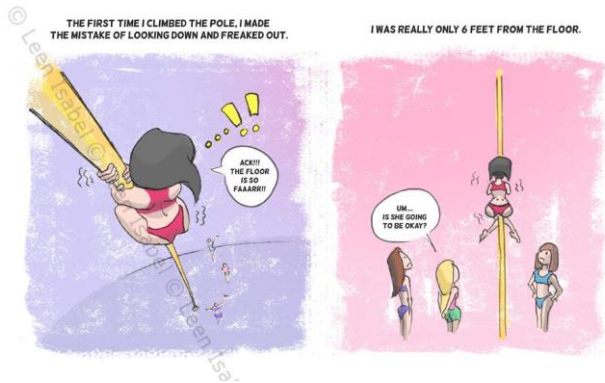
23<sup>rd</sup> – flex & strength (TBC)

27<sup>th</sup> – lesson 3 Beginners & intermediates

28<sup>th</sup> – lesson 4 Advance + Open Practice

30<sup>th</sup> – Halloween social

*You get used to it.*



## November 2015

3<sup>rd</sup> – lesson 4 Beginners & intermediates

10<sup>th</sup> – lesson 5 Beginners & intermediates

17<sup>th</sup> – lesson 6 Beginners & intermediates

25<sup>th</sup> – lesson 7 Beginners & Intermediates

27<sup>th</sup> – end of year meal

4<sup>th</sup> – lesson 5 Advance + Open Practice

11<sup>th</sup> – NO LESSON OR PRACTICE

18<sup>th</sup> – lesson 6 Advance + Open Practice

26<sup>th</sup> – lesson 7 Advance + Open Practice



## December 2015

2<sup>nd</sup> – inter society competition